



PARENT & BABY REFLEXOLOGY CLASSES

**Come and discover the benefits of
baby reflexology**

- supports sleep & relaxation
- supports rest & digestion
- simple techniques help with bonding
- for babies 4 weeks to walking



3-week course
Tuesdays

July 7th, 14th & 21st

11am - 12 noon

Hour Place, Framlingham

Book in today

Rebecca's
reflexology and wellness

07845 599256

